

NEWS AND VIEWS FROM COLLEGE OF THE NORTH ATLANTIC

CURRENTS

CNA Summer Crew is coming to you

The CNA Summer Crew will be travelling to a community near you starting mid-June, as 10 college staff will be attending regional and local festivals to promote CNA and its programs.

"By visiting events with the Summer Crew, CNA representatives are able to connect with the general public in a more informal and comfortable manner," explained Rob Hillier, student development officer and provincial organizer of the CNA Summer Crew. "As important as it is to facilitate formal presentations and hold meetings with partners on a regular basis, it is just as important to make CNA visible within our communities at events that celebrate our culture and our people,"

"...We are reaching people we would otherwise not have the opportunity to meet."

The crew, facilitated by five provincial recruiters and five SWASP students, will be travelling to festivals and events talking about CNA programs and services while handing out promotional items like frisbees, beach balls and key chains. Event goers can get their photo taken with CNA mascot Nanuk as the crew will be promoting a fun and friendly atmosphere at each event.

This initiative is a joint project between the college's marketing and communications department and the provincial student development officer - recruiters. The success



Members of the 2009 CNA Summer Crew for the Western Region take a break during one of the dozens of festivals they attended last summer. Team members included, Marina McNeil, student development officer - recruiter, Corinne Tulk and Reagan Campbell.

is a result of the great support demonstrated by the Manager of Student Recruitment and Enrollment, partnerships with Steele Communications and festival/event committees," Hillier said.

Steele Communications helps with provincial promotion as radio stations announce CNA's presence at various events, interview crew members and hand out CNA promotional material.

The Summer Crew also offers a contest to all prospective students, giving them an opportunity to win free tuition for a year. The contest prize is valued at \$1,400 and members of the public can enter through the Summer Crew website. Hillier hopes hundreds apply for the free tuition, as the contest was a success last season.

This is the second summer for the CNA Summer Crew and Hillier believes promoting the college in this casual, community centred manner is vital to college marketing.

"It serves to add to our existing recruitment and marketing activities, but in a different way. This way we are reaching people we would

otherwise not have the opportunity to meet. Our ability to be visible within our communities should have no limits."

Visit www.cna.nl.ca and click on the link to the CNA Summer Crew for updates, pictures and event schedules.

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Motocross memories

Primary Care Paramedicine instructor, Shane Peddle, helped organize a fundraiser and scholarship fund in honour of his brother Konrad. On July 3, 2009 Konrad lost his life in a moose vehicle accident in central Newfoundland, just one week after graduating from Lewisporte Collegiate.

The Ride for Konrad took place July 10 with proceeds going towards the Konrad Feltham Memorial Scholarship. This is the second year Peddle has organized this event.

"We are raising money to support students going into industrial trades who may have financial need in attaining these goals," Peddle explained. "This scholarship helps us remember him daily, and even though he is gone we can do great things in his name with the help and support of family, friends, donations, sponsors and riders."

The Ride for Konrad was a full-day event where motocross enthusiasts do a loop from Bishop Falls to Grand Falls-Windsor and back to Jigg's Pit on Botwood highway.

"In some cases people have spare change jars in their garages that they donate once a year and others make personal donations.

Another way we raise money is through the sales of t-shirts, stickers and other promotional items."

Peddle chose a motocross event because his brother's favourite hobby was riding and fixing



dirt bikes.

"Konrad's hobbies included taking apart anything and everything, figuring out how it worked and then putting it all back together again. If he wasn't fixing his dirt bike he would be riding it. So, we figured once a year, we would remember him and have a ride in his memory. This route was one of his favorites

that he used to do with his riding buddies," he said.

The scholarship committee changed things up a bit this year by donating 50 percent of the proceeds from the ride to the Janeway Children's Hospital Foundation in St. John's. Other monies raised will go towards the Konrad Feltham Memorial Scholarship.

"This year we would love to spread the help and generosity from donations and supporters to help reach people in all parts of our province. We recognize the Janeway's value in all of our communities and would love to honour our lost loved one by helping other families."

In June the scholarship recognized two graduates of Lewisporte Collegiate, Cody Higgins and Kurt Payne. Both have received \$1,000 scholarship awards to assist them with their post-secondary

education in industrial trades. Also presented was \$2,000 to the Norris Arm playground committee to help build a basketball court in Konrad's memory.

To apply for the scholarship or to learn more about the Ride for Konrad, visit the website at www.konradfeltham.ca

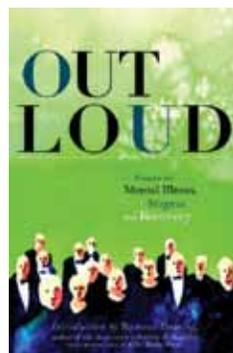
Having their stories told

Five students from CNA's Waterford Bridge Road Centre and instructor, Donna Kavanagh, have had their writings published in a 52-essay collection on mental illness, stigma, and recovery.

The book, *Out Loud*, published by Breakwater Books, contains essays written by people who have an illness, but there are several essays from family members or people who work with individuals with mental illness.

Captivating titles include; *Death and I - A Love Story*, *Desperate Design*, and *Living in the In-Between*. Several of the essays relate the struggle and pain of illness, such as; *June - Forgotten*, *Journey from Darkness*, and *Prisoner in My Own Mind*. Many focus on recovery and moving on,

Up from Rock Bottom, Pushing My Way Back, and *From Death to Life*, and the essay written by Kavanagh on her experiences with students who have psychiatric illness.



In *From Where They Are to Where They Should Be*, she quotes a young man who was a student at the centre.

"I cannot describe to you the feeling of standing by and watching your friends continue to march to adulthood as you stand paralyzed. I cannot describe the pain of observing their uncomprehending faces as they struggle to understand something that even you, the person going through it, cannot. I cannot describe the pain of being discarded and written off by most around you. I may not be able to adequately describe the

pain, but I can describe the effect on one's dignity as it is destroyed. Little remains."

"It is through the words of my students that I have come to understand somewhat the struggle of mental illness," comments Donna. "It is through my involvement with them that I have learned the true meaning of resilience. It is through working with the education and health care systems, and the person and family that I have learned that there is always hope, and that recovery is more than possible.

"The young man that I quoted is one of my many students who have taught me more lessons than any professor or textbook ever could. We assisted him in completing high school, and bridging to university. He then won a full scholarship to law school. Today he is a successful lawyer, and President of the Canadian Mental Health Association. He is where he should be."

Stirring up some cooking interest

College of the North Atlantic partnered with the Community Youth Network-Twillingate (CYN) on May 25 to host a cooking series called Cooking for me: Being creative, being healthy, and having fun!

"We have over 430 youth (ages 12-18) in our area. The cooking series came out of recommendations from youth through a survey that we conducted in the Fall of 2009. Learning how to cook was rated in the top three when asked about education and learning opportunities they would like to have," says Sharon Mercer, CYN Coordinator.

The program was made possible through funding received from the Central Regional Wellness Coalition. Two youth from Twillingate, Phalyn Anstey and Courtney Pond, helped create the program and picked recipes during their time as CYN workers last fall and winter.

Several community groups including the Ministerial Association, RCMP, the Women's Institute, and a local cook attended the sessions to help teach basic healthy cooking and baking skills while providing hands on experience. These sessions also gave youth healthy and easy recipes to try at home with their families.

Mercer says she was quite impressed at the interest shown by CNA's Bay St. George campus and what they planned for the youth.

"It was very encouraging to see the interest that Bay St. George campus took in our program and how just one simple email to the program coordinator started the ball rolling. In no time, it was coordinated and Chef Eric Hynes and Chef Paul Duffy were our special guests. They brought easy to follow recipes, food, hats, and smiles! They really did make a great connection with our youth. They gave a lot of excellent cooking techniques and tips and the food the youth made was absolutely fantastic.

"In addition, two or three of the youth have been considering cooking as a career and this gave them an opportunity to talk with the chefs about their career and courses at the college. I have only heard positive comments about the CNA visit...I cannot thank CNA enough for helping out with our program."

The cooking series concluded on May 25 however, CYN would like to continue the offering on a regular basis if possible. Over the six weeks it was offered, the cooking series had 22 youth participate (13 during the CNA New World Island session and eight in Twillingate).

Chef Eric Hynes says the event was successful, not only because the youth learned how to cook but also because it was empowering.

"This event was a great success. Not only did the students learn about the value of healthy cooking but they were exposed to cooking as

"It was very encouraging to see the interest that Bay St. George campus took in our program..."



Caption: CNA Cooking instructor, Chef Eric Hynes, teaches Community Youth Network students the value of good, healthy cooking while helping them prepare a well balanced meal.

a career. For many of the students involved, it was a time to have fun and prepare something that was tasty and healthy. Many of them were happily impressed that with a little guidance, they could prepare something that was enjoyable to eat.

"Knowledge is power, and with the sharing of our knowledge with them, we empower the youth to move forward and chase a career or to just pursue it as a hobby. I enjoyed giving them an insight into good cooking by helping them understand that tasty food does not have to come from a can, box or frozen. With a little work, it pays big dividends in the end."

College goes smoke free



As of September 1, 2010, the college is expanding its Smoke Free Workplace Program to no longer allow smoking on any property operated by College of the North Atlantic.

This includes all campuses, field sites & buildings, office buildings, learning centres – and their parking lots and grounds – occupied by College of the North Atlantic within the province of Newfoundland and Labrador.

The college has formed a working group to implement the expanded Smoke Free Workplace Program across all 17 CNA campuses in Newfoundland and Labrador. The working group will also be responsible for providing assistance and information on the expanded Smoke Free Workplace Program.

For more information on the program, please contact Craig Boyd, the college's Manager of Health and Safety.

Centre for Agrifood Development unveils website

College of the North Atlantic's Centre for Agrifood Development (CAD) has announced the launch of a new website which will be accompanied by a variety of marketing strategies.

The website utilizes a practical and informative approach to promote the benefits of the Centre, which range from research and development assistance to national food safety training for members of the agrifood sector.

"We realized the benefits associated with having a website and how that would translate into more effective communication with our internal and external stakeholders," says CAD and Carbonear Campus Administrator, Gary Myrden, who notes the Centre has been very active since opening in April 2009.

"While the Centre is located at our Carbonear campus, it has been successful in assisting businesses throughout the province in analyzing and marketing innovative agrifood products. It has also attracted new business opportunities for the industry."

Working with the Atlantic Canada Opportunities Agency and the Department of Innovation, Trade and Rural Development, the CAD lines of business range from customized training and applied research to product development, testing and analysis. The Centre also

operates a test kitchen for developing or established firms in small-scale secondary processing and added-value production for local markets.

"The initial investment allowed for plant renovations, purchases of new state-of-the-art equipment, and technology that empowered



the CAD to play a key role in agrifood secondary processing research and development for many farmers in the agriculture sector of our province," explains Myrden. "With the launch of our website and other related marketing strategies,

I am sure the activity will continue to grow as we help our agriculture sector evolve."

Robert Belbin, of Belbin's Grocery Limited, says the services his company received regarding nutritional analysis were fast and efficient.

"We were very pleased with the Centre's work and the overall results of what was given to us. The food technologist was readily available and willing to answer my questions regarding the results of the analyses."

The Centre for Agrifood Development is working with the Marine Institute (MI), through its Centre for Aquaculture and Seafood Development, to build regional capacity that can support the development of competitive and productive agrifood based companies in the province.

"CNA's innovative approach to build a province-wide agrifood network, with industry-led regional nodes, aligned with the economic development mandates of the rural secretariats, holds tremendous potential for success in the development of the province's agrifood sector," notes Heather Manuel, Director of the Centre for Aquaculture and Seafood Development at the Fisheries and Marine Institute.

To view the Centre's website and learn more about what it has to offer, go to www.cna.nl.ca/agrifood.

Springing into action

Thirteen employees and students from the Labrador West campus participated in the Spring into Action Physical Activity Challenge throughout May.

The challenge ran for six weeks, from Monday, April 19 to Sunday, May 30 with the goal of each member to engage in some form of physical activity for 30-minutes a day, five days a week. There were weekly prize draws for members of the team who met or exceeded their goal.

Forty-six teams across Canada participated in the challenge organized by the Horizons Community Development Associates Inc. in Nova Scotia. Prizes were awarded at the national level for individuals and teams who met their weekly goal, they then received \$150 payable to a local recreational fund of their choice.

The Labrador West campus team activities ranged from walking, jogging, running, soccer,

yoga, strength training, spelunking (caving) and yard work. Any type of activity that got them moving counted, even housework and playing with puppies. They also organized group activities to help reach their fitness goals such as a challenging two-hour hike together up Smokey Mountain complete with a boil up. More group activities were planned in June even though the challenge was officially over.

"The challenge has been a great motivator for all those involved. Even those who were active prior to the challenge have been motivated to add extra physical activity to their daily routine. We may not win the top prize, but we've all won a healthier lifestyle with habits that will hopefully last long after the challenge ends," said Roxanne Sutton, Labrador West campus librarian.

Submitted by Roxanne Sutton and Kerri Cull



Members of the Labrador West campus Spring into Action team included, back row left to right; Michelle Legge-Owen, Sharon Kent, Karen Pottle-Fewer, Sherry Dalton. Front row left to right: Gerard Gear, Roxanne Sutton, Kerri Cull, Kyle Eades.



A Rising Star from the Big Land

The Music Industry & Performance program (MIP) at College of the North Atlantic prepares aspiring stars for the business of being an entertainer. So, it was only fitting when the Aboriginal Peoples Television Network (APTN) was producing their *Rising Stars* special they would feature Labrador native and MIP graduate, Blair Goudie.

"In the summer of 2008 I played in a songwriters circle in Labrador and there were some delegates from Manitoba Music who saw me perform," says Goudie, explaining how he was selected to be among the 10 performers featured on the program. "Allan Greyes works with Manitoba Music and when this opportunity came up last year he contacted MusicNL to reach me, offering me a spot."

The filming of *Rising Stars* was done in November of 2009 and has kept Goudie busy ever since. He had a showcase at the 2010 East Coast Music Awards and was a part of *Music Our Way*, a workshop in his hometown of Happy Valley-Goose Bay that was a part of Ruckus on the Edge, the official Juno week celebrations. Goudie was also given a chance to strut his stuff in Vancouver at the 2010 Olympic Games where he played a show at the Atlantic Canada House Pavilion.

"*Rising Stars* opened doors for me to get some really big opportunities like working at the Olympics and the Junos. It has all been a really amazing experience."

Goudie finished his studies at CNA in 2008. After graduating from the Recording Arts (RA) program he took advantage of an option to complete the MIP program in a single year. His drive to excel in the music industry is enough to

"Rising Stars opened doors for me to get some really big opportunities like working at the Olympics and the Junos."

keep him producing every aspect of his promotional materials, from the music to the artwork for each individual CD.

The MIP and RA students hold a series of concerts each year called Sonic Potluck. These events are recorded and webcast giving students some experience performing in front of crowds – and cameras.

"I have always been more of a musician than a sound guy, but when I started I wanted to make sure I had an understanding of both sides of the career," explains Goudie. "The program really prepared me for the work that I am doing now. Sonic Potlucks and other shows that we put off gave me a good sense of knowing how to present myself. My experience with the Potlucks really taught me how to handle myself for the *Rising Stars* cameras."

Rising Stars originally aired on May 8 on the APTN network but can now be viewed on their website. Visit www.aptn.ca/pages/risingstars and click on Artists to view his videos.

Lace up and go

Two teams from College of the North Atlantic are getting ready to run in the Annual Lighthouse Relay, commonly referred to as Race to the Sea.

CNA Employee Relations Manager, Deidre Dunne, is just one of a number of college employees that will take part in the relay for the third time. She says many people from the college did the first race for leisure, but now they train and compete for better running times.

"Originally the race was to promote tourism and increase activity in the region but it has been a huge success with many repeat runners/teams, including me! This will be the third

year CNA employees will be involved. We had one team in 2008, two teams in 2009 and now hoping for two teams in August."

Race to the Sea is an annual running event which showcases the beautiful scenery and landscapes of the southwest coast. The event, schedule for August 14, starts at the Cape Anguille Lighthouse, 40 kilometers outside Port aux Basques, and ends at the Rose Blanche Lighthouse at approximately 8:00 p.m. After the closing ceremonies, all runners gather for a social at the Bruce II Centre in Port Aux Basques.

"Legs range from eight to 15 kilometres taking runners over rolling terrain to hilly ter-

rain - varying in levels of difficulty. We train individually, based on what each runner feels is required to be prepared," explained Dunne.

Teams entering the race must have at least 11 runners (over 16 years old) and a team captain. There are 11 legs to choose from. If you are not part of a team you can still register and organizers will try to find you a team. Registration costs are \$35 for an individual, and \$350 for a team of 11.

To participate in the relay, email racetothesea@gmail.com or check them out on Facebook.

A letter to John King

Staff and faculty members at the Distributed Learning Service in Clarenville, and throughout College of the North Atlantic, would like to say thanks! We offer our sincerest best wishes to John King as he retired from the position of Chair of the Distributed Learning Service effective June 25, 2010. His retirement comes after 11 years of fostering and developing the growth of distributed learning at CNA.

As seen by employees who have worked with John, he is a person whose accomplishments are evident in the relationships developed during his years spent at College of the North Atlantic. He often worked behind the scenes to ensure that credit was given to those on the front lines.

"I feel really lucky to have been involved with so many interesting projects over the years, but I was even more fortunate to have worked with a wonderful and talented staff who did most of the heavy lifting in many cases," John says, when asked what sums up his experiences at the college.

As Chair of the Distributed Learning Service (DLS), John set his sights on facilitating the development of a very progressive and responsive online learning service that



John King (centre) addresses co-workers at his 10-year pin ceremony and unofficial retirement party.

would meet the needs of learners throughout Newfoundland and Labrador. Eleven years later, the division is now known as The Office of Distributed Learning. Through John's leadership, the DLS has fostered local, provincial, national, and international partnerships, relationships, and recognition.

College of the North Atlantic, along with Memorial University of Newfoundland and the provincial Centre for Distance Learning and Innovation, received the Canadian Network for Innovation's (CNIE) Award for Excellence and Innovation in Partnership and Collaboration in May 2010. John's leadership and contributions to the development of distributed learning were

singled out when he was awarded the CNIE Award of Leadership.

Originally from Ottawa, John holds a Bachelor of Arts from Carleton University and a Masters of Arts in Leadership and Training from Royal Roads University. Prior to joining the college in 1999, he held the position of Director of the Centre for Creative Communications at Centennial College in Toronto.

John is no slouch when it comes to enjoying his vacation time. His enjoyment of the Newfoundland and Labrador outdoors has become evident through his love for fishing and nature in general. If you are a person who enjoys fishing for trout or salmon, you are likely to meet John on the river. Chances are, John can guide you to the best spots to fish on many rivers of choice in the province. He has also been a contributing volunteer, donating his time to local community groups including the Clarenville and Area Chamber of Commerce, Friends of Shoal Harbour River, and Terra Nova National Park Heritage Foundation.

We would all like to thank John for his time with us at College of the North Atlantic and wish him an enjoyable retirement. John, your sincerity and insight will certainly be missed.

BSG campus helps Community Gardens take root

Community gardening is thriving in Bay St. George through the support of College of the North Atlantic staff and students.

The Bay St. George Sustainability Network, a group of dedicated environmentalists, has created a garden for both Stephenville and Kippens. The group was able to coordinate financial assistance to hire a Newfoundland and Labrador Conservation Corps Green Team as well as arrange the use of CNA's heavy equipment.

"I certainly would like to see us, as a college, support this initiative in any way we can," stated Brian Foley, BSG campus administrator, who continues to be an advocate for the gardens.

Foley's coordination and help was greatly appreciated as use of the heavy equipment was instrumental in getting the donated soil to each site. The machinery also provided rough landscaping work to the Kippens' garden, which was completed by a HEO field instructor

and student. The end result of this work was on display Saturday, May 29, when a grand opening and ribbon cutting gave organizers an opportunity to thank their supporters; the college, the towns of Stephenville and Kippens, and the Lions Club, for offering a place for the Stephenville garden.

The next big step in the organizing process is hiring the Newfoundland and Labrador Conservation Corps Green Team. This team will be invaluable to the fledgling gardens located in both towns. A coordinator and three workers will start in early July to help the community gardens in a variety of ways; landscaping, tending the gardens and community outreach and education.

The college's support of site remediation, and the Green Team, provides Bay St. George with a valuable food resource and educational components.

"I wanted to learn something new this year and gardening is a wonderful thing to learn. I

think it's just wonderful!" said Theresa Hynes, CNA Library Technician and garden member in Stephenville.

Submitted by Tera MacDonald



Community gardening officially kicked off in Stephenville and Kippens on May 29 with the opening of two town gardens. Participating in the ribbon cutting in Stephenville were, left to right; Tony Cornect (MHA for Stephenville West - Port au Port), Brian Foley (BSG campus administrator), Tom O'Brien (Mayor, Town of Stephenville), Tera McDonald (chair, Bay St. George Community Gardens and CNA employee), Winston Kennedy (Lions Club member), Earle Barrett (chair, Stephenville Garden), Henry Hedderson (Head Lion), Bernice McLean (garden member), Paula LaRoux (CNA student), Jane Robinson (CNA employee), Nancy Scott and Hannah Scott (garden members).



Successful Spring orientation

With a successful Spring Orientation piloted at six campuses last year, it was decided to go province wide for 2010.

Through the efforts of a provincial team and enthusiastic teams at each campus the event proved extremely successful again this year. Dates of this year's Spring Orientation spanned from May 19 to June 7 with each campus holding their own events. Some decided to hold activities over the evening and/or weekends while others hosted the event during the regular work week. The agenda also varied from campus to campus however the overall theme remained consistent; information sessions on the transition to college, housing, registration, disability services, student aid and other support services available to maximize learner persistence and success. Future learners and their guests had the opportunity to ask questions, take a campus tour, meet faculty and staff, and enjoy refreshments and live entertainment.

Approximately 600 students and 250 guests attended the campus events province-wide. Lunches and refreshments were made available as well as prizes that included such items as: water bottles, eco friendly highlighters, men's cotton twill caps, ladies' chino twill caps, Spring Orientation t-shirts, MP4 players, backpacks and survival training tools, swipe guards, eco-friendly combo notebooks, and eco ballpoint pens.

Sherry Dalton, with learner services at the Labrador West campus, thought the event held a lot of positive energy.

"I thought it went great," she says. "Everyone was well organized and you could feel the positive energy in the room. Everyone seemed to be enjoying everything - I think this was an excellent idea, and we really enjoyed preparing for it."

Some campuses recorded the high turnout of guests exceeded their expectations. Rob Hillier, student development officer, recruiter for

that attended was extremely positive as well. This is a great new initiative by the college that should be continued annually."

Feedback forms were a great way to get an understanding from the students that attended these events and judging by the comments, the students enjoyed themselves.

"It was very informative. The instructors are very nice; Betty Fitzgerald (Mayor of Bonavista and former CNA student) was wonderful! I am older and was a bit apprehensive, but after her speech I'm not anymore." (Applicant attending

Bonavista campus in the fall)

"I liked the very friendly greeting and the very informative staff.

"I liked the very friendly greeting and the very informative staff. They were very helpful."

Grand Falls-Windsor campus says it was a pleasant surprise.

"Spring Orientation at Grand Falls-Windsor campus was a great success. Having 104 guests visit exceeded our expectations. We feel that two possibilities existed that made the turnout so great. We held the event on the same day as the math placement test, and we called all the invitees individually to supplement the mailed invitations.

"Judging by the feedback forms this is a very worthwhile and meaningful event for the students. They liked meeting their instructors and becoming more familiar with the campus, as well as the professional, yet informal feel to the event. The feedback from the instructors

They were very helpful." (Applicant attending Corner Brook campus in the fall)

Shirley Woodward, manager of student recruitment and enrollment services, is extremely pleased with the outcome of the Spring Orientation events and is already looking forward to next year.

"Spring Orientation 2010 was a tremendous success! Thanks to the overwhelming involvement and commitment of faculty, staff, administrators, current and prospective learners and guests, the event exceeded our expectations. We look forward to an even bigger and better spring orientation 2011!"



St. Anthony campus to offer Licensed Practical Nursing program

St. Anthony campus has announced it will offer Licensed Practical Nursing (LPN) training starting in the fall 2010 semester.

The LPN program is a four semester (16-month) program and follows course objectives as developed by the Centre for Nursing Studies, the parent institution responsible for the delivery of Practical Nursing education in the province in accordance with the Licensed Practical Nurses Regulations.

The St. Anthony campus will deliver the training in partnership with the Centre for Nursing Studies and Labrador-Grenfell Health, who are very supportive of the program and will assist in providing students with the clinical learning experiences portion of the training. Both organizations are pleased the program will help ensure trained LPNs are available to fill present and future staffing needs.

“With ongoing increases in the senior citi-

zen population and with many of their family members and traditional caregivers moving away from the rural areas, we are anticipating a greater proportion of our population will require long term care in the future, both institutional and at home. We are also seeing a trend where LPNs are utilized in non-traditional areas such as community health and dialysis,” states Barbara Molgaard Blake, vice-president of People and Information with Labrador-Grenfell Health.

“A practical nurse class offered in the St. Anthony area this calendar year will go a long way to meeting the needs of Labrador-Grenfell Health and allow us to maximize the LPN scope of practice. We also feel we can contribute much to the learning of the practical nursing students by providing meaningful and experience-rich clinical placements.”

The program will begin August 30, 2010

with an anticipated enrollment of 24 students. Training will prepare graduates to competently care for clients through partnerships with the client and other members of the health care team. Graduates will also be able to provide independent and interdependent care based on client health status, stability, acuity and complexity.

“We have been trying to secure this program for many years, and finally we have succeeded,” says Fred Russell, campus administrator for St. Anthony campus. “This is a direct result of the dedication of staff at the campus and the partnerships that we have established with Labrador-Grenfell Health, the Council for Practical Nurses and the Centre for Nursing Studies. This new program represents the commitment that College of the North Atlantic has to meet the needs of our students and our communities.”

Meeting face to face not inbox to inbox

Deans, program developers and administrative support from all College of the North Atlantic campuses, including Qatar, met for two days in May to discuss improvements to the program development process.

All who participated in the meetings completed a survey a few weeks prior. The meeting was then based on the survey findings; to discuss the strengths and weaknesses of each campus.

“One of the things we are trying to capitalize on is working collaboratively,” explained Steve Warren, chair of programs for the Qatar campus. We don’t see ourselves as CNA Newfoundland and Labrador or CNA Qatar. We are trying to move the college in one college direction.

Having everyone around the table at the same time and not being 10,000 kilometres apart certainly allows us to put faces to names, as well as have an effective dialogue.

“These meetings help us with team work. The people who only know one another by a name and an inbox are now sitting around the table explaining how they do it. We are engaging, we are opening up our minds to see how things can be done better.”

The deans of each CNA school have met to



Gary Elliot, manager of academic quality assurance, runs a college-wide discussion on the strengths and weaknesses of all CNA campuses.

discuss campus administration before, but they have never met face to face with the developers and coordinators with the focus of program development processes.

“The two days are built on peoples input,” explained Gary Elliot, manager of academic quality assurance. “The groups were broken down into sub groups to discuss the topics from the previous survey. We have representation in each of those groups from all sides; we want

to get frames of reference from all directions to see if we can build that synergy that is going to give us the best result.”

Sub group discussions went deep into the scheduled lunch break as everyone got to meet one another for the first time.

All topics and items discussed during the meetings will be implemented during the following winter semester.

“Hopefully, this time next year we will conduct a survey of similar size on similar topics to judge whether the satisfaction levels have increased on those items that were lower this year. That will give us an idea of how successful we were in the past year,” said Elliot.

“We are looking to build on the consistency of our process. It is to make sure that if a question is asked there shouldn’t be any fogginess in the answer. They should be able to relate the answer because they know what was discussed here. Also, it will all be documented. We can point to a document on our program development SharePoint site and know where it is. All processes are documented, clear, communicated and accessible. Those are the four gauges as to how we measure our success.”

CNA-Q News

CNA-Q News pieces submitted by Tanya Alexander

Students explore business and pleasure in the Middle East

After a robust challenge amongst six enthusiastic teams in the Fourth Annual College of the North Atlantic Business Case competition in February, Prince Philip Drive's Team Crush walked away with the gold – and a trip to CNA's campus in the Middle East in March.

The team had the opportunity to apply its wares in the International Case Competition held in Doha, Qatar over a three-day, four-round competition with eight teams from colleges and universities from throughout the United Arab Emirates. The work was hard and the competition fierce, says Team Crush competitor Stephanie Pretty, and it made for an exceptional experience.

"The real learning experience came with watching other groups present. It was eye opening to see what other minds brought to the table in creativity and ingenuity," says Pretty.

"I was amazed at the quality of work all teams were able to provide in such a stressful and short timeframe."

The winning team was Stenden University in Doha; Team Crush placed fifth overall.

"It was both an awe-inspiring and a humbling experience. Our competitors were exceptional and I felt privileged to be ranked amongst them."

In the four-year history of the Business Case competition in Newfoundland and Labrador, this is the second time winning teams were sent to compete in the international competition in Doha; CNA-Q has been hosting their international event for five years.

Mary Vaughan is the Dean of Business and IT at CNA. She was a proponent of sending the winning Newfoundland and Labrador team to Doha for the one-of-a-kind experience.

"As competitors in the international competition they are not only challenged with cases that will push them further in their capabilities, but it also provides them with a cultural experience that brings a different

context to the field of business – one with a global perspective," says Vaughan.

"This can only serve to enhance their employability skills no matter where in the world they choose to work."

When they arrived on the ground in Doha, the team was stunned by the beauty of the city and the CNA-Q campus.

"Qatar is a beautiful country that is completely opposite from what we are used to – it is the desert where temperatures can soar up to 50° Celsius in the summer. We have more

the pearl exhibit at the Museum of Islamic Art.

"It was room after room of exquisite pearl collections. There was a beautiful rug made with over 1.4 million pearls and other precious stones, and Marilyn Monroe's pearls that were gifted to her by husband Joe DiMaggio were also on display. The exhibit also featured the history of pearls and the Middle East's love affair with pearls and pearling. Before there was oil and gas, there were pearls and the Qataris are very proud of this and it is evident in the stunning display."

"...Most culturally significant and greatest educational experience I have ever had..."

rainfall here in an afternoon than they do all year round!" Pretty says.

"Then we got our first glimpse of the campus in Qatar – breathtaking! There are numerous buildings with glass and skylights as the main focus, allowing tons of natural light into the college. The students and staff were most gracious and kind."

There are several must-do activities when in Doha, and the group tried to take them all in when they had some free moments.

"We had an opportunity to go sand duning. The six of us piled into a Toyota Land Cruiser with a hired driver and went to the desert to drive up and down sand dunes and visit the inland sea. This activity came highly recommended from many expats and former visitors. It was certainly a roller coaster ride! We slid down dunes hundreds of feet high," shares Pretty.

"We visited the inland sea which is actually more like a harbour. Beautiful sandy beaches in the Persian Gulf and visible across the sea was Saudi Arabia. It sounds like a dream!"

The group also had the opportunity to take in

The weather was beautiful, the people incredibly friendly and the city bright and alive with a promising future, says Pretty, one that had become extraordinarily wealthy very quickly.

"We were told stories of men who grew up in Bedouin tents in the desert and now their young adult children are driving Porsches due to their considerable 'overnight' wealth from oil and gas reserves. I was genuinely surprised to see the heavy presence of western influence mixed with the very private and traditional Islamic culture. We would see women fully clothed in burqas (a black robe worn over day clothes by women in Islamic cultures); and covering even their faces completely but wearing very flashy stiletto shoes," she says.

"It was the single most culturally significant and greatest educational experience I have ever had in my life. I was proud and grateful to be a part of the team that was selected to go to Qatar. I am indebted to College of the North Atlantic for this invaluable experience. It has certainly added an intangible value to my complete education experience."



CNA-Q celebrates 6th graduation

“What I find unique in our college are the instructors! And their relationship with us, which was friendly, very respectful and understanding and the way that they taught us made us successful students – in our studies and our lives,”

Valedictorian Huda Ali Nooh

June 23, 2010, marked the sixth graduation ceremony for CNA's Middle East campus, with a record number of graduates. College of the North Atlantic-Qatar's Class of 2010 comprised 335 graduates, including 196 Qatari nationals and students from 27 other countries.

Interim CNA-Q President Enid Strickland was joined by H.E. Dr. Mohammed Saleh Al Sada, Minister of State for Energy & Industrial Affairs for Qatar; The Honourable Darin King, Minister of Education, Government of Newfoundland and Labrador; Bruce Hollett, Interim President, CNA; college executive; faculty and families in celebrating the special day with graduates.

For the second time in as many years CNA-Q invited two valedictorians to address the audience. Abdur Rahman Shamsi, Engineering Technology and Huda Ali Nooh, Business Studies, shared their experiences at CNA-Q over the past years.

“CNA-Q has not only been an exemplary post secondary institution, but an all-encompassing ‘second home’ that nurtures its children from the moment they enter to the day it sets them out to setup their own homes,” Abdur shared.

“CNA-Q enjoys the position of the strong foundation that has shaped our personalities, enhanced our skills and instilled in us the professionalism in handling our day-to-day lives.”

Fellow valedictorian Huda Ali Nooh echoed the sentiment, speaking to valued relationships as well as education.

“What I find unique in our college are the instructors! And their relationship with us, which was friendly, very respectful and understanding and the way that they taught us made us successful students – in our studies and our lives,” said Huda.

This year saw graduates from four program areas including: Health Sciences, Engineering, Information Technology and Business Studies, in programs ranging from Office Administration to Mechanical Engineering Technology, Environmental Health Technology to Computer Support Specialist.

The Honourable Dr. Darin King, Minister of Education for Newfoundland and Labrador, brought greetings on behalf of the provincial government.

“You are graduating at an exciting time in the history of your country, a time of unprecedented change and advancement. The future is wide open for you, your opportunities are limitless,” said King.

“As the sixth graduating class of College of the North Atlantic-Qatar, you represent that exciting future. You will reap the benefits of your education as your future unfolds.”

International kudos for creative work in Qatar

CNA-Q – has received an international award for a book created by instructors and students. *From Acacia to Ziziphus: Arabian Plants to Nourish the Body and Earth* was recognized with the Platinum Hermes Creative Award for Publication.

The awards are administered and judged by the Association of Marketing and Communication Professionals (www.amcpros.com); this international competition is for creative professionals involved in the concept, writing and design of traditional and emerging media. Some 3,600 entries were submitted from several countries; judges are industry professionals who look for exceptional quality of work that serves as a benchmark for the industry. Platinum is the highest honour bestowed to those entries judged to be among the most outstanding in the competition, states the association's letter of congratulations. Only some 18 per cent of entries were awarded at this level.

"Platinum winners (in particular) are recognized for their excellence in terms of quality, creativity and resourcefulness."

The unique publication began as a research project for CNA-Q's Environmental Health Technology instructors Carla Eskow and Keith Williams; they intended to compile research into a paper that would total approximately 25 pages.

"We started by identifying some of the key environmental and health challenges faced by Qatar," says Williams.

"Then we came up with ways in which plants could be used to treat some of those problems. For example, some plants are anti-cancer; others have the ability to sequester polycyclic aromatic hydrocarbons from oil spills."

With a year of information collection, photography and research, assisted by six CNA-Q students, the project blossomed into a 73-page full-colour, hard cover book that has been distributed to educational institutions and libraries throughout the Middle East, Europe and Canada.

Dr. Karen McDonald, director of Environmental Health at Concordia University College of Alberta reviewed the book upon receiving it at her institution in the fall of 2009.

"From reading the title of this book, the reader is instantly drawn into an exotic and sumptuous world. More than a reference book, the photographs and language convey the beauty and uniqueness of these plants from the



"...The reader is instantly drawn into an exotic and sumptuous world."

Middle East," says McDonald.

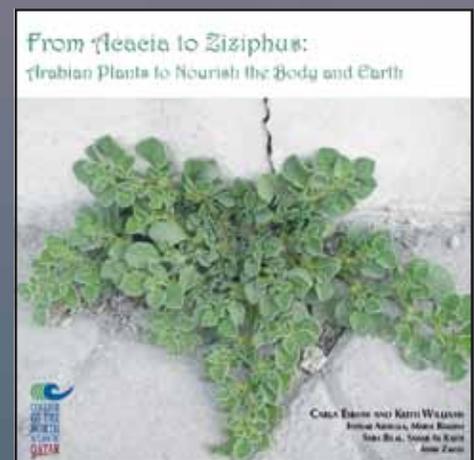
"Overall, this book beautifully shares the rich and unusual plant life of a part of the world that may seem mysterious and foreign to those of us in North America. It certainly led this reader to ask what plants where I live similarly deserve such careful documentation and preservation."

The book also received Honourable Mention from the Hermes awards for Design. Mary Anne Skill, graphic artist in CNA-Q's Marketing and Public Relations department, created the design and layout of the book.

"Mary Anne Skill is the one who deserves all the credit for this!" says co-author Eskow. "We gave her a word document and she turned it into an award winning book!"

An additional award from the association was presented to CNA's Qatar Project Office. An image taken by the office's Public Relations Specialist Tanya Alexander was awarded Gold for Photography. The winning entry is titled *The Corniche*; it captures a night scene of the popular boardwalk found at Doha's harbour front.

The Corniche, a photo captured in Qatar's capital city of Doha – the location for CNA's campus in the Middle East – won Gold in the Photography category. Gold awards are presented to those entries that exceed the high standards of the industry norm.



From Acacia to Ziziphus: Arabian Plants to Nourish the Body and Earth, a book created by employees and students at CNA's Qatar campus, was recognized as "one of the most outstanding entries in the competition" by the international Hermes Creative Awards. The book received Platinum for Publication and an Honourable Mention for Design.

Clinical exchange students share knowledge, explore cultures

"Awesome!"

This is how Mohammed Al Serhi describes his student exchange experience at College of the North Atlantic, noting with a smile that he is enjoying learning such "Canadian" words in addition to the practical experience of his student exchange.

"I love it here," he says, "I would like to work here after graduation."

Mohammed and three other students from CNA-Q, kicked off a two-week clinical placement at Prince Philip Drive campus in St. John's by attending the Canadian Society of Respiratory Therapists conference May 13-16.

"We had a chance to attend lectures at the conference, which were very helpful for our practice," says Mohammed.

"We also had an opportunity to compete in the Airway Olympics at the conference and were awarded second place."

CNA Respiratory Therapy instructor Edna Cahill says the Olympic team, consisting of Mohammed and fellow Respiratory Therapy exchange student Afzal Ali, fared extremely well against those with more practical experience; she says they have shown the same zest for their work during their clinical placement.

"They've been a joy to have here and I think it's been a real eye opener for them; we have a very good scope of practice here in Newfoundland," says Cahill.

"Clinical experience is a very important part



Jessica Keeping was with her high school class for Discovery Day when they visited the Respiratory Therapy lab at Prince Philip Drive in May; CNA-Q exchange student Afzal Ali shows Jessica how they test respiratory function.

of the program, and we are doing things here that are still new in Qatar."

Though the Respiratory Therapy program is taught at Prince Philip Drive campus, which does contain labs for practical applications, working at medical centres such as the Health Sciences Centre, the Janeway Children's Health and Rehabilitation Centre, and St. Clare's Mercy Hospital is a requirement of the program.

"The ICU is my classroom," says Cahill. "I bring students here [at the Health Sciences Centre] and show them hands on skills with real patients."

Indeed, Mohammed's counterpart Afzal Ali says they have had the opportunity to do more with patients than they expected.

"We've done intubations, arterial lines, and many aspects of patient care," says Afzal.

"We also helped with Discovery Day sessions, where high school students come in for a tour to the campus lab; we show them tests and machines that we use in the hospital."

The two other students who partook in the clinical exchange are Hamad Al Hamar and Fathima Anver – both third year Medical Radiography students due to graduate from CNA-Q later this month. They worked a rotation with the three medical centres in the St. John's area.

Pat Rose is the preceptor, or clinical instructor, in charge of the Medical Radiography students coming through the Janeway on

clinical rotation.

"I help students learn how to do IV therapy and any time they are in the room I take a look at their x-ray pictures or whatever they are doing; but by the time they come to us from the college, they know their stuff so well we only oversee their work."

Rose says students do all the patient care, call in assessments, identify what body part to be x-rayed, etc. She's enjoyed having the exchange students in her department; her only complaint is that they have to leave.

"Fathima and Hamad have been doing very well – they are so personable and positive, we would love to keep them!" she says.

The two had an opportunity to work at St. Clare's Mercy Hospital with two CNA students who have recently returned from Qatar – Samantha Turnbull and Jill Penton – where they did their clinical placements. Having the opportunity to share experiences was invaluable.

"I have enjoyed working at all three places," says Fathima, "but I liked very much meeting Jill and Samantha at St. Clare's."

Hamad echoed the sentiment, saying it was a special aspect of the exchange.

"I had the opportunity to share what we've done and learned here with them and hear about their time in Qatar.

"This experience has been amazing."



Instructor Pat Rose, right, says the exchange students Fathima and Hamad proved valuable assets to the Radiology department at the Janeway Children's Health and Rehabilitation Centre.



Respiratory Therapy instructor Melissa Keeping and exchange student Mohammed Al Serhi practice intubation in the lab at Prince Philip Drive campus. The exchange students have learned about arterial lines, intubation and many practical aspects of their program.

Cross-border cooking

History was made in 2009 when cooking students from the college's Burin campus and the Lycée d'État Émile Letournel in St. Pierre et Miquelon (SPM) participated in their first international exchange between the two organizations. The event was so successful it was decided to undertake a second exchange this year.

From May 9-14, four students from the Lycée and their instructor, Vincent LeCoadic and the Chef de Travaux of the Lycée, Jean-Christophe Lebon, travelled to Burin. They attended classes with the cooking students, completed a food safety course, toured McDonald's and PJ



CNA cooking students present their gourmet meal for invited guests at the Lycée d'État Émile Letournel in St. Pierre.



Cooking students and staff from Burin campus shared a kitchen with Vincent LeCoadic, cooking instructor at the Lycée d'État Émile Letournel in St. Pierre, last May. From left to right, students Patrick Fraser, Verna Vardy, Mary Lynch, Hazel Prior, Cheryl Planke with LeCoadic and Roger Banfield (Cooking instructor, Burin Campus).

CNA students received high praise for the gourmet meal that they prepared for invited guests in St. Pierre.

Billington's restaurants, and prepared a gourmet meal for invited guests.

Students from Burin campus participated in the second phase of the exchange from May 17-21. This part of the exchange included activities such as; sampling French cuisine in various restaurants in St. Pierre, participating in a French pastry course given by the cooking instructor at the Lycée, and travelling to Miquelon to tour various agricultural facilities.

CNA students Hazel Prior, Cheryl Planke, Mary Lynch, Verna Vardy and Patrick Fraser along with instructor, Roger Banfield, received high praise for the gourmet meal that they prepared for invited guests in St. Pierre. This meal was attended by the Canadian Consul, Mademoiselle Jacqueline Park, as well as other government officials from SPM. According to project organizer, Cecilia Bungay, and Burin

Campus Administrator, Mike Graham, it is the hope of both organizations that this exchange is only the beginning of a long and mutually beneficial partnership.

Fifteen years of partnerships

The School of Business' 15th annual Work Exposure Reception was held on May 26 at the Prince Philip Drive campus. Each year the school invites participating employers, students, faculty, campus administrators,

school dean, and special guests involved in work exposure placements to celebrate their continued partnerships. This year's event had over 200 guests in attendance.



College well represented at Télió Fashion Competition 2010

The excitement of Montréal flair was in the air this March as the world's fashion-savvy arrived to peek at the latest fashion creations. Canada's most influential designers and international industry leaders set up shop at the Bonsecours Market in Old Montréal, flaunting their finest for the 18th edition of Montréal Fashion Week.

An excited group of College of the North Atlantic's Textiles: Craft and Apparel Design staff and students travelled to Montréal to attend the Télió Fashion Competition. The Télió final presentation was a one of five fashion shows held at the Bonsecours Market on March 4. Erin Ryan, second-year student of the Textiles program, was one of the 25 finalists selected from over 500 fashion design entries from apparel

have three-year programs that specialize in apparel only. Despite this, Erin's work stood strong amongst the other pieces. Her garment was inspired by a painting from the neo-expressionism period and consisted of a hand painted jacket accented with surface manipulating techniques around the collar, a belt with feather closure and spats as the leg wear.

While the fashion show was the main focus of the trip, the group also visited art galleries, fabric shops, exhibitions and high-fashion apparel boutiques - all of which added to the whole educational experience.

"It was a fantastic experience for all to share in Erin's excitement and achieve-

"We were so proud of [Erin Ryan] and our college program as her piece was announced and modeled across the professional runway."

programs nationwide. In November, these finalists were given the fabrics to create their designs based upon their garment illustrations and technical drawings and Erin had been working steadily ever since, making her piece into a reality.

In a highly charged atmosphere, all 25 creations were paraded in front of an enthusiastic audience of 700 individuals from the fashion world; manufacturers, buyers, fashion designers, press, fashion school instructors, students, etc. The audience who treasured the birth of the artistic vision, were amazed at the technical excellence and awaited with bated breath for the winners to be announced.

College La Salle, Vancouver Community College, The Art Institute of Vancouver and Campus Notre Dame-de-Foy were the big winners of this year's competition. While Erin did not get into the winner's circle, the fact that her design made it to the second level was indeed a great achievement.

CNA's Textiles program is certainly unique in Canada. It is a two-year program offering five areas of specialization - apparel is just one of them. Other Canadian apparel schools

ment," said Brenda Tobin, Dean of Academics and Applied Arts. "We were so proud of her and our college program, as her piece was announced and modeled across the professional runway."

Asked about the highlights of the trip, Erin expressed how unbelievably excited she was to see her piece on the runway as well as to observe how other finalists interpreted the theme and utilized the fabrics. Denise Walsh, a Textiles graduate, was thrilled to attend the first real fashion show of her life and was also very inspired by the architecture of Old Montréal. Katie Parnham, Textiles Instructor, was very interested in learning about the organization of a professional fashion show. The behind-the-scenes tour gave her ample opportunity to see the space and talk to the artistic director about upcoming shows at CNA.



Top: Erin Ryan poses with a fellow student competitor at the Télió fashion show reception during Montreal Fashion Week.

Middle: Erin's hand painted jacket that was modeled in the runway competition.

Bottom: Erin explores the myriad of fabrics offered by Télió.

Office Administration annual conference

The provincial Office Administration Curriculum Team recently held its annual conference (May 11-13) at the Greenwood Inn & Suites in Corner Brook.

Participants included; co-chairs Andrea Green (Office Administration instructor, Labrador West campus) and Kelly Taylor-Hulan (Office Administration instructor, Distributed Learning); Mary Vaughan, dean of the School of Business and Information Technology; Rod French, program developer (Business Administration) and Sharon Collins, assessment coordinator. Representatives from all 14 campuses offering the Office Administration program, including our campus in Qatar, were also on hand.

This spirited group of instructors, which has a combined teaching experience of 365 years, meets twice a semester via teleconference. In order to enhance communication and continuity across campuses this yearly meeting has become an absolute necessity to support the accreditation process. It also serves as a platform to debate tough issues, to work on group projects, and has become a springboard for program improvement and best practices discussion. This is important to our program and our learners given the fact we are heading into program review in the next few months.

The team members have come to look forward to this time together, and everyone goes away from the conference with renewed enthusiasm for their learners and for their craft. The meeting provided networking and discussion opportunities with others who are teaching within the same program and the same courses, and there is something to be said for putting faces to the names of those you work with via telephone and email all year. You can't even imagine the amount of work a group of 22 Office Administration instructors can accomplish!



The provincial Office Administration Curriculum Team recently held its annual conference (May 11-13) at the Greenwood Inn & Suites in Corner Brook.

The first day and a half of the conference comprised of an Outcomes Based Teaching, Learning & Assessment workshop presented by Sharon Collins. As a result of the workshop, the team learned a great deal about Outcomes Based Teaching and Learning and went on to create 10 common assessment tools for provincial use in the Office Administration programs. These tools will enable the school to be consistent in its evaluation across the province and the data gleaned from these common assessment tools must be submitted to our accrediting body Association of Collegiate Business Schools and Programs (ACBSP). The Office Administration programs have now been accredited for a 10-year period as part of the School of Business' accreditation from ACBSP (received in January). This is something we can

be proud of as it is a first for a community college in Canada and it markets us, and our learners, internationally.

The conference was a great experience for all; even though we had 'pity' for our lone male member who we have said is closer to receiving his honorary Office Administration diploma than ever before. The weather in Corner Brook was dark, wet and gloomy, but our camaraderie, our shared love of our program, the groups' strong commitment to excellence, and our innovation proved what a great program we have and reminded us of how bright and sunny the future of the Office Administration program is.

Submitted by the Office Administration Curriculum Team



She shoots, she scores!

Nicole Blanche (daughter of Placentia campus SDO Dodie Blanche, pictured here sporting a CNA sponsored jersey) was a member of the Tri-Pen Ice female bantam team that represented Newfoundland and Labrador in the inaugural Female Bantam Atlantic Championship in Pownal, PEI last March. The Tri-Pen Ice competed against two teams from PEI and two from Nova Scotia for the Atlantic title. After posting an impressive 3-0-1 record in round robin play, the Ice beat Bedford, Nova Scotia 6-5 to take the championship. To top it all off, Nicole received the Top Scorer Award for the tournament - congratulations Nicole!



Getting the lay of the land



Second year Civil Engineering Technology students at the Corner Brook campus undertook a service learning project in their Survey Camp course this past intersession. West Haven camp in Pasadena is a summer camp for kids ran by the United Church of Canada. Located on the shores of beautiful Deer Lake, West Haven has provided happy memories for kids for over 40 years. One thing the camp needs is a topographic map of the camp area and the woodland walking trails throughout the property. This is where the Civil Engineering Technology students have stepped in to put their survey skills to good use. Using GPS, total stations and levels, the students surveyed the entire camp and will produce a map using AutoCAD. The map will be useful for emergency situations and to help young campers learn mapping skills. As well as running along the trails, with names like Wiggly Woo Avenue, Big Ben, and Animal Graveyard, kids will be able to see those trails on a map. The CNA students know they have helped enrich the camping experience of children for many years to come.

Do you have a college story to tell? Do you know a student, faculty, or staff member that should be recognized for their achievements? CURRENTS is looking for a few good stories about our public college and the people who make it a success. Send us your photos, announcements and alumni updates. If you have any ideas, suggestions or criticisms, please drop us a line. Let us know how we can make CURRENTS a better newsletter for you.

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